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| **METACOGNITIVE STRATEGIES** | | |
| **Strategy** | **Description** | |
| **Organize / Plan** | Calendar  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NHNFI629\MC900432664[1].png | -Plan the task or content sequence.  -Set goals.  -Plan how to accomplish the task. |
| **Manage Your Own**  **Learning** | Pace Yourself  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OHFLFXN0\MC900389122[1].wmf | -Determine how you learn best.  -Arrange conditions that help you learn.  -Seek opportunities for practice.  -Focus your attention on the task. |
| **Monitor** | Check  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2D40OLYD\MM900234700[1].gif | While working on a task:  -Check your progress on the task.  -Check your comprehension as you use  the language. Are you understanding?  -Check your production as you use the  language. Are you making sense? |
| **Evaluate** | I did it!  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OHFLFXN0\MC900326876[1].wmf | After completing a task:  -Assess how well you have accomplished  the learning task.  -Assess how well you have applied the  strategies.  -Decide how effective the strategies were  in helping you accomplish the task. |

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| **TASK BASED STRATEGIES: USE WHAT YOU KNOW** | | |
| **Strategy** | **Description** | |
| **Use Background**  **Knowledge** | I know.  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\E509SGYV\MC900196320[1].wmf | -Think about and use what you already  know to help you do the task.  - Make associations. |
| **Make Inferences** | Use Clues  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2D40OLYD\MM900046618[1].gif | -Use context and what you know to  figure out meaning.  -Read and listen between the lines. |
| **Make Predictions** | Crystal Ball  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NHNFI629\MC900384294[1].wmf | -Anticipate information to come.  -Make logical guesses about what will  happen. |
| **Personalize** | Me  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NHNFI629\MC900048587[1].wmf | -Relate new concepts to your own life,  that is, to your experiences, knowledge,  beliefs and feelings. |
| **Transfer / Use**  **Cognates** | telephone/teléfono/  C:\Program Files (x86)\Microsoft Office\MEDIA\CAGCAT10\j0332268.wmf | -Apply your linguistic knowledge of  other languages (including your native  language) to the target language.  -Recognize cognates. |
| **Paraphrase** | Spare Tire  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OHFLFXN0\MC900015971[1].wmf | -Think of a similar word or descriptive  phrase for words you do not know in the  target language. |
| **Use Imagery** | Mirror, Mirror  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2D40OLYD\MC900078751[1].wmf | -Use or create an image to understand  and/or represent information. |
| **Use Real Objects /**  **Role Play** | Lights, Camera,  Action! C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\E509SGYV\MC900383700[1].wmf | -Act out and/or imagine yourself in different roles in the target language.  -Manipulate real objects as you use the target language. |
| **TASK-BASED STRATEGIES: USE YOUR ORGANIZATIONAL SKILLS** | | |
| **Strategy** | **Description** | |
| **Find/Apply Patterns** | Pattern  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\E509SGYV\MC900048072[1].wmfC:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2D40OLYD\MC900048065[1].wmfC:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\E509SGYV\MC900048072[1].wmf | -Apply a rule.  -Make a rule.  -Sound out and apply letter/sound rules. |
| **Group/Classify** | Sort Suits  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2D40OLYD\MC900431537[1].png | -Relate or categorize words or ideas  according to attributes. |
| **Use Graphic**  **Organizers/**  **Take Notes** | Notepad  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\E509SGYV\MC900357183[1].wmf | -Use or create visual representations  (such as Venn diagrams, timelines, and  charts) of important relationships  between concepts.  -Write down important words and ideas. |
| **Summarize** | Main Idea  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NHNFI629\MC900312180[1].wmf | -Create a mental, oral, or written summary of information. |
| **Use Selective Attention** | Look for ItC:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NHNFI629\MC900215019[1].wmf | -Focus on specific information, structures, key words, phrases, or ideas. |

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| **TASK-BASED STRATEGIES: USE A VARIETY OF RESOURCES** | | |
| **Strategy** | | **Description** |
| **Access Information**  **Sources** | Read all about it!  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2D40OLYD\MC900434583[1].wmf | -Use the dictionary, the Internet, and  other reference materials.  -Seek out and use sources of information.  -Follow a model.  -Ask questions. |
| **Cooperate** | Together  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NHNFI629\MC900056602[1].wmf | -Work with others to complete tasks,  build confidence, and give and receive  feedback. |
| **Talk Yourself**  **Through It**  **(Self-Talk)** | I can do it!  C:\Users\Sol Kennally\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\E509SGYV\MC900056942[1].wmf | - Use your inner resources. Reduce your  anxiety by reminding yourself of your  progress, the resources you have available, and your goals. |

*National Capital Language Resource Center*

*Sailing the 5 C’s with Learning Strategies*